



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1* 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,
2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

OPTION ONE	Organic Beef Bolognese	Chicken Pie	Roast Loin of Pork & Apple Sauce with Gravy	Margarita Pizza	Sausages
OPTION TWO	Jacket Potato with Beans	Vegetarian Sausage Toad in the Hole	Jacket Potato with Cheese	Vegetarian Bolognese	Quorn Dippers
OPTION THREE					
CARBS	Spaghetti	Roast Potatoes Savoury rice	Creamy Mashed Potatoes	½ Jacket Potato Pasta	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Sweetcorn	Peas Cauliflower	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Fresh Fruit Platter Ginger Biscuit	Syrup Sponge & Custard Cake Cherry Shortbread	Banana Flapjack Apple Crumble & Custard	Toffee Crispy Cake Strawberry Whip	Ice Cream Orange Jelly with Mandarins

WEEK 2* 2021: 30th August, 20th September, 11th October, 1st November, 22nd November, 13th December,
2022: 10th January, 31st January, 21st February, 14th March, 4th April, 25th April, 16th May, 6th June, 27th June, 18th July.

OPTION ONE	Organic Savoury Minced Beef	Roast Chicken & Stuffing with Gravy	Sausage in Gravy	Macaroni Cheese	Battered Fish
OPTION TWO	Jacket Potato with Baked Beans	Roast Quorn Fillet & Stuffing with Gravy	Cheese & Potato pie	Quorn Tikka Masala	Quorn Dippers
OPTION THREE					
CARBS	Roast Potatoes	Oven roasted Potatoes	Mashed Potatoes ½ Jacket potato	Fluffy Rice Garlic Bread	Chips ½ Jacket potato
VEGETABLES	Green Beans Carrots	Peas Cauliflower	Green Beans Tomatoes	Broccoli Carrots	Baked Beans Sweetcorn
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Iced sponge Viennese Biscuit	Apple Crumble & Custard Sticky Iced Bun	Cheese & Biscuits Chocolate Brownie	Strawberry Jelly & Cream Carrot Cake	Ice Cream Fresh Fruit Platter

WEEK 3* 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December,
2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE	Organic Meatballs in a Homemade Sauce	Margarita Pizza	Roast Gammon	Roast chicken with stuffing & gravy	Fish Fingers/Salmon Fingers
OPTION TWO	Vegetable Bites in A Tomato Sauce	Creamy Vegetable Pie	Jacket Potato with Cheese & Beans	Pasta Bake	Vegetable Nuggets
OPTION THREE					
CARBS	½ Jacket Potato Fluffy Rice	Pasta Shells in Tomato Sauce Parsley Potatoes	Roast Potatoes	Creamy Mashed Potatoes	Chips ½ Jacket Potato
VEGETABLES	Carrot Rounds Broccoli	Cauliflower Sweetcorn	Peas Carrots	Sweetcorn Green Beans	Baked Beans Peas
SALAD BAR	Salad Bar Selection				
BREADS	Assorted Breads				
FRUIT	Fresh Fruit Platter/Yoghurt				
DESSERTS	Apple Crumble & Custard Oat Cookie	Banana Cupcake Strawberry Whip	Rice Pudding Iced Sponge	Steamed Sponge & Custard Chocolate Crunch Cookie	Ice Cream Fresh fruit platter